Skin So Raw and Pink

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Skin so raw and pink

Yet it’s rough so so don’t blink

For it is rough and raw and pink

But let the pain float and sink

The reason it was raw

The reason everyone saw

Was not the important part

For it is the strength to strengthen your heart

Breath in and out so slow

What you all thought and what you know

Was nothing compared to how I feel

My skin so raw, it peeled

I screamed and squealed to heal

With the pain I know life is real.